

REPORT ON EXPERT TALK BY PROF. M. L. SAI KUMAR

As part of the academic enrichment initiatives for the Academic Year 2025–2026, the School of Pharmacy organized an Expert Talk for the First Year B. Pharmacy students on 15th December 2025 at the Seminar Hall, Ground Floor. The session was titled “**Discipline – A Progressive Pathway to Success.**”

The keynote speaker for the event was **Prof. M. L. Sai Kumar**, Dean Academics (Retd.), Institute of Public Enterprise, Hyderabad. The session aimed to instill the values of discipline, commitment, and structured goal-setting among newly admitted students, helping them lay a strong foundation for their academic and professional journey.

The program commenced with a formal welcome address, where faculty members introduced the distinguished speaker and highlighted his vast academic and administrative experience. First-year students attended the session with great enthusiasm and curiosity, marking it as one of their initial academic orientation activities.

In his address, Prof. M. L. Sai Kumar emphasized that discipline is not merely about following rules but about cultivating self-regulation, time management, consistency, and accountability. He explained how disciplined habits formed during the early years of professional education significantly influence long-term career success. Drawing from his rich experience in higher education and leadership, he shared real-life examples illustrating how structured efforts and perseverance lead to progressive growth.

The expert elaborated on several key aspects, including:

- Importance of punctuality and regularity in academic life
- Effective time management strategies for professional courses
- Goal setting and long-term career planning
- Maintaining ethical values and professional integrity
- Developing a positive attitude and resilience

He encouraged students to adopt a growth mindset and focus on continuous self-improvement. The session also addressed common challenges faced by first-year students, such as adapting to professional education, managing academic pressure, and balancing extracurricular activities.

The interactive segment of the program allowed students to raise questions regarding career planning, higher education opportunities, and personal development. The speaker provided practical and motivational guidance, inspiring students to cultivate discipline as a lifelong habit rather than a temporary practice.

The event concluded with a vote of thanks, expressing gratitude to Prof. M. L. Sai Kumar for delivering an insightful and motivating session. The management, faculty, and students appreciated his valuable guidance and inspirational words.

Overall, the Expert Talk on **“Discipline – A Progressive Pathway to Success”** proved to be highly impactful and thought-provoking. It provided first-year B. Pharmacy students with clarity, direction, and motivation at the beginning of their academic journey, reinforcing the importance of discipline as the cornerstone of success.




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